



LABOR MARKET UPDATE Q4 2025 **ALEXANDRIA/ARLINGTON**

Marisa Hayes

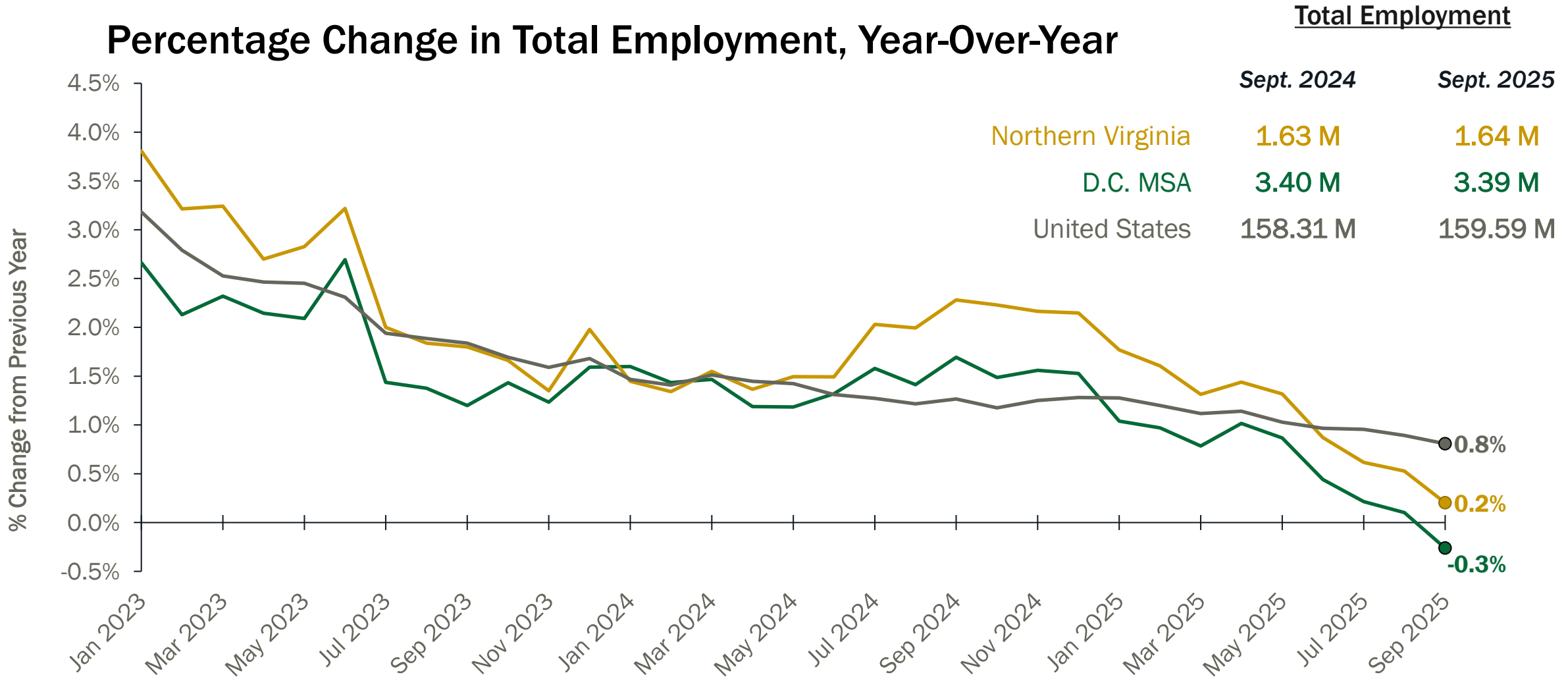
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BACKGROUND

- The recent government shutdown has impacted availability of labor market data.
 - Current BLS data for local regions is for September 2025.
 - October estimates will not be available for some BLS sources, as data collection was halted during the shutdown.
- The [Congressional Budget Office](#) predicts the shutdown will negatively impact GDP in Q4 of 2025, but this effect will be mostly gone in Q1 of 2026.
 - CBO estimates that most of the lost GDP will be recouped, but there will be about \$11 billion that is not.
 - The unemployment rate for October/November may be elevated – BLS counts furloughed federal workers as unemployed.
 - Decreases in demand may have also contributed to decreased employment/increased unemployment.

EMPLOYMENT

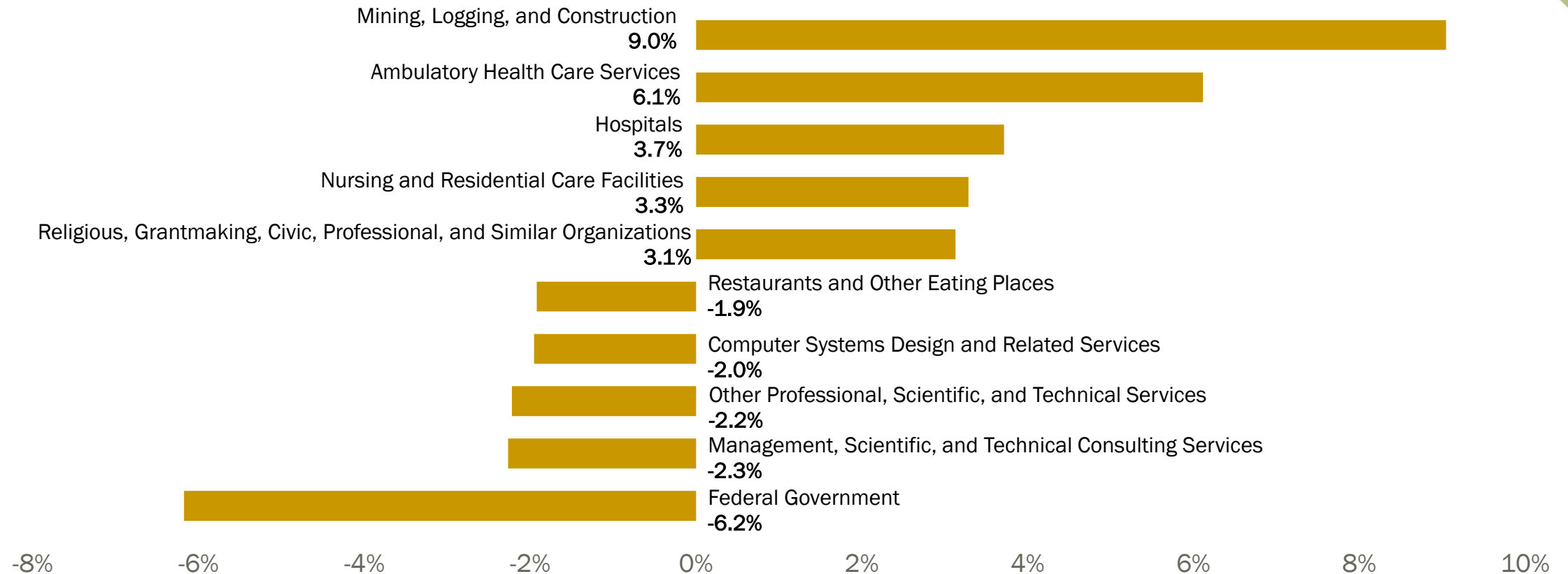


Source: U.S. BLS, *Current Employment Statistics*, December 17, 2025, <https://www.bls.gov/ces>; *State and Area Employment*, December 17, 2025, <https://www.bls.gov/sae/>.

NOTE: Total nonfarm employment, seasonally adjusted. Northern Virginia data is for the Arlington-Alexandria-Reston, VA-WV Metropolitan Division.

EMPLOYMENT BY INDUSTRY

% Change in Employment, Sept. 2024 to Sept. 2025

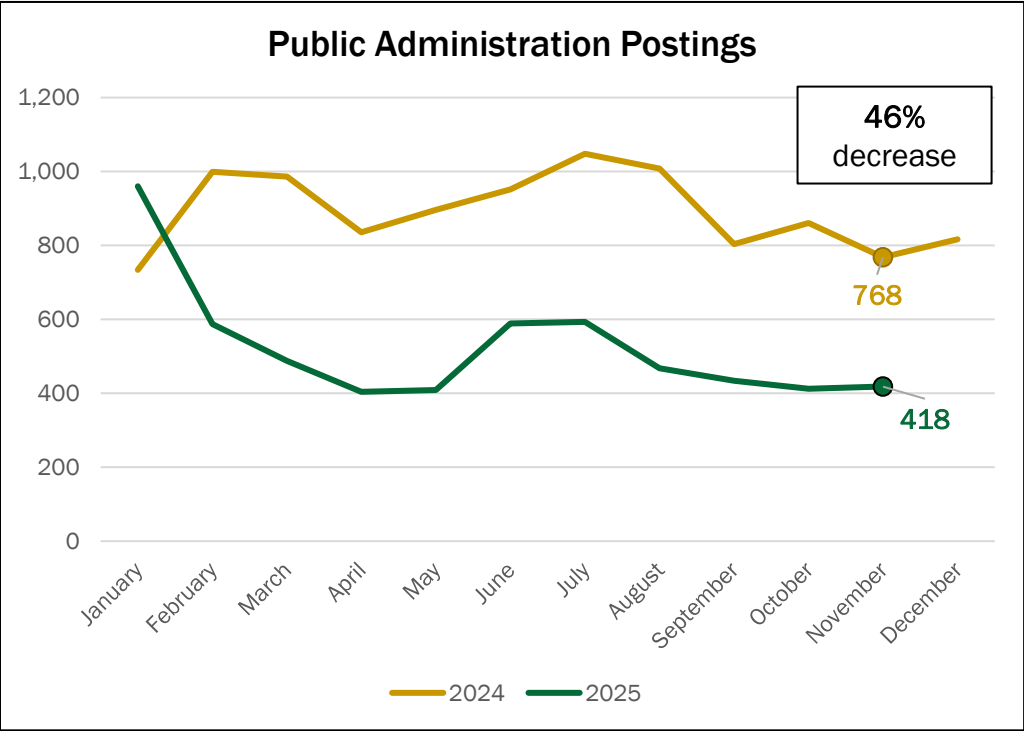
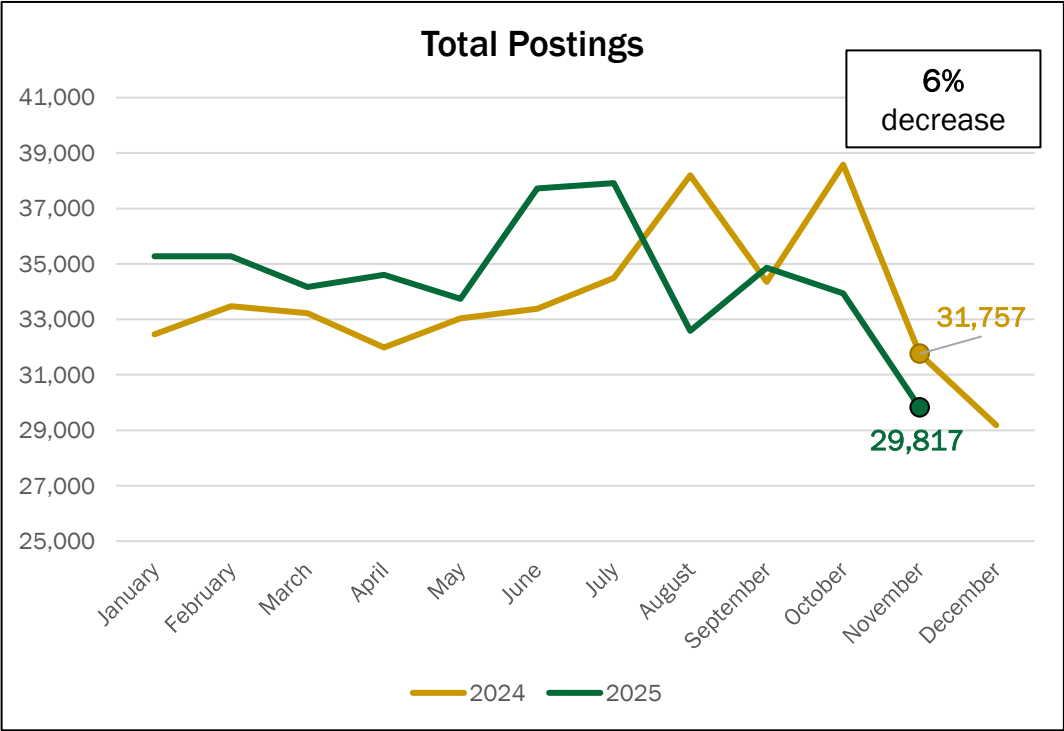


NOTE: Data is not seasonally adjusted. Data only includes industries comprising at least 1% of total nonfarm employment (about 16,000 employed). Data is for the Arlington-Alexandria-Reston, VA-WV Metropolitan Division.

Source: U.S. BLS, *State and Area Employment*, December 17, 2025, <https://www.bls.gov/sae/>.

CHANGE IN JOB POSTINGS

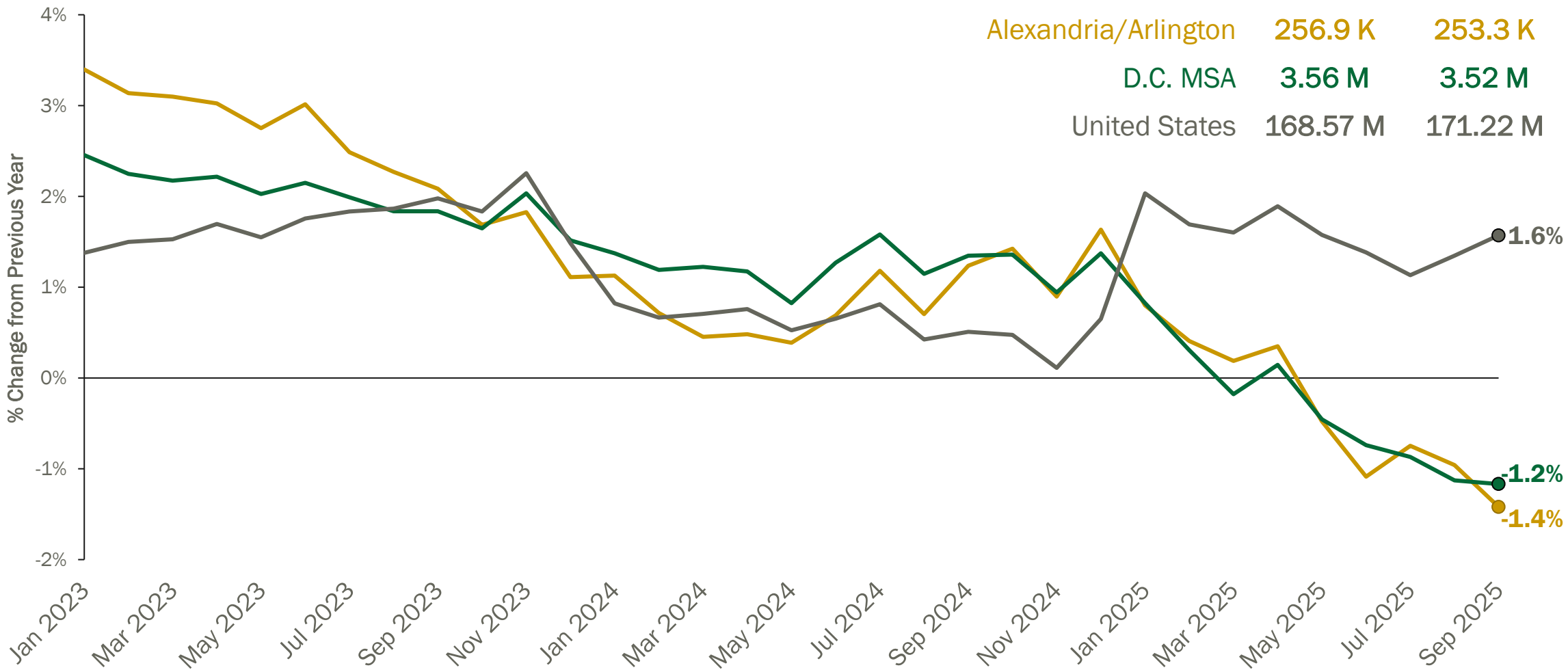
Number of Job Postings in 2024 vs. 2025, NOVA Service Area



Source: Lightcast Analyst (2025.4 release).

LABOR FORCE

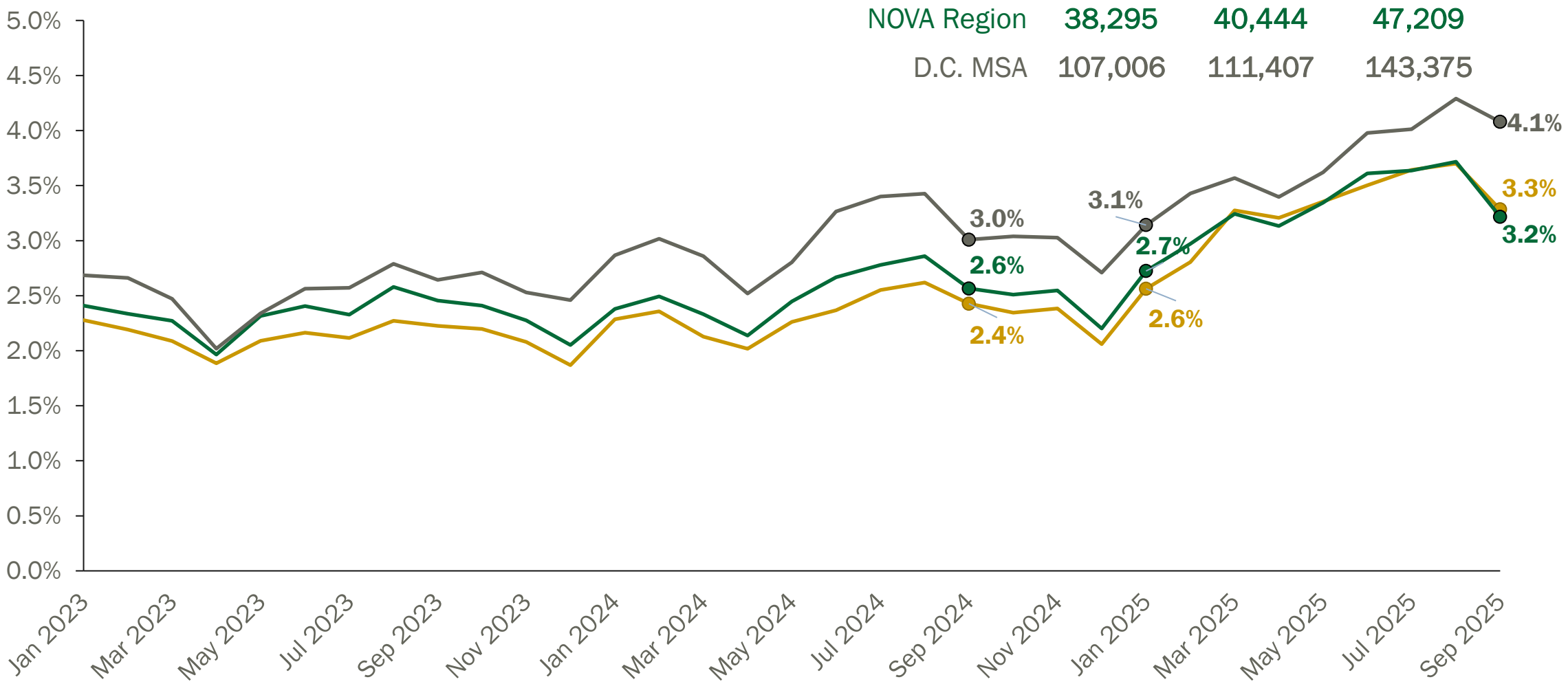
Percentage Change in Labor Force, Year-Over-Year



NOTE: Data is not seasonally adjusted.
Source: U.S. BLS, Local Area Unemployment Statistics, December 17, 2025, <https://www.bls.gov/lau>; Current Population Survey, December 17, 2025.

UNEMPLOYMENT

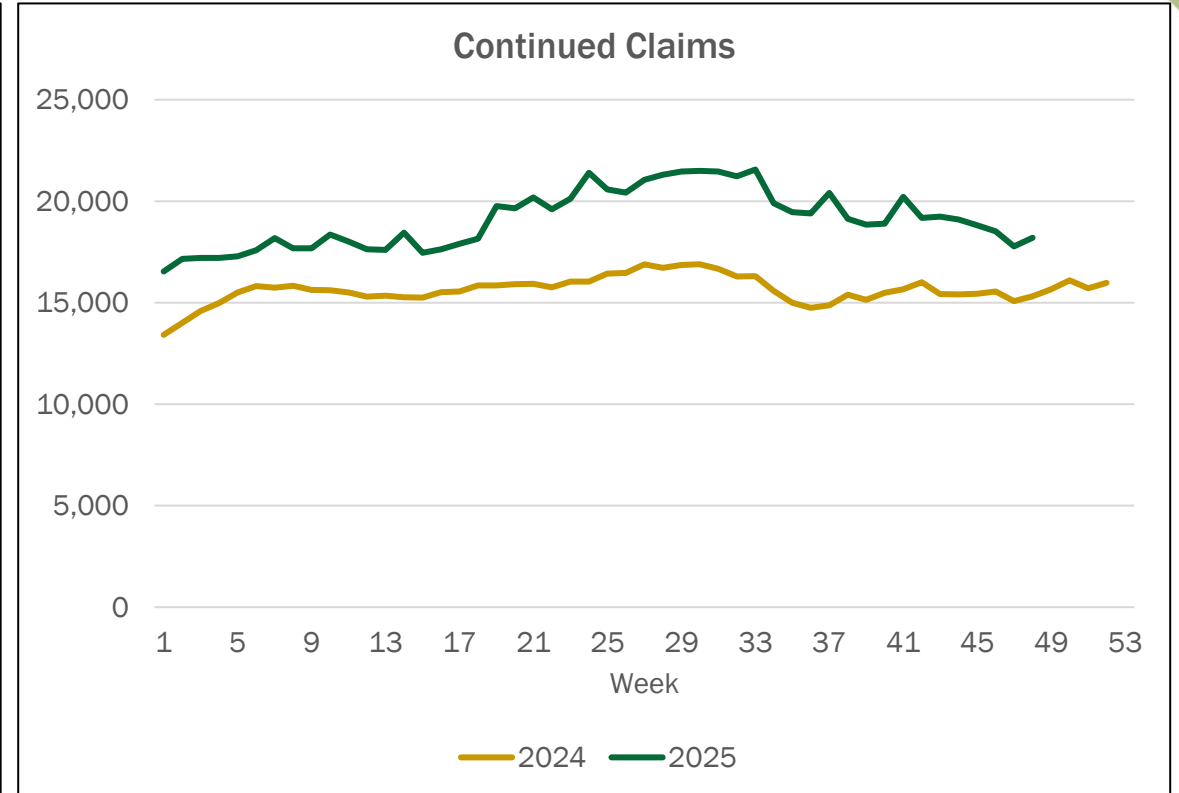
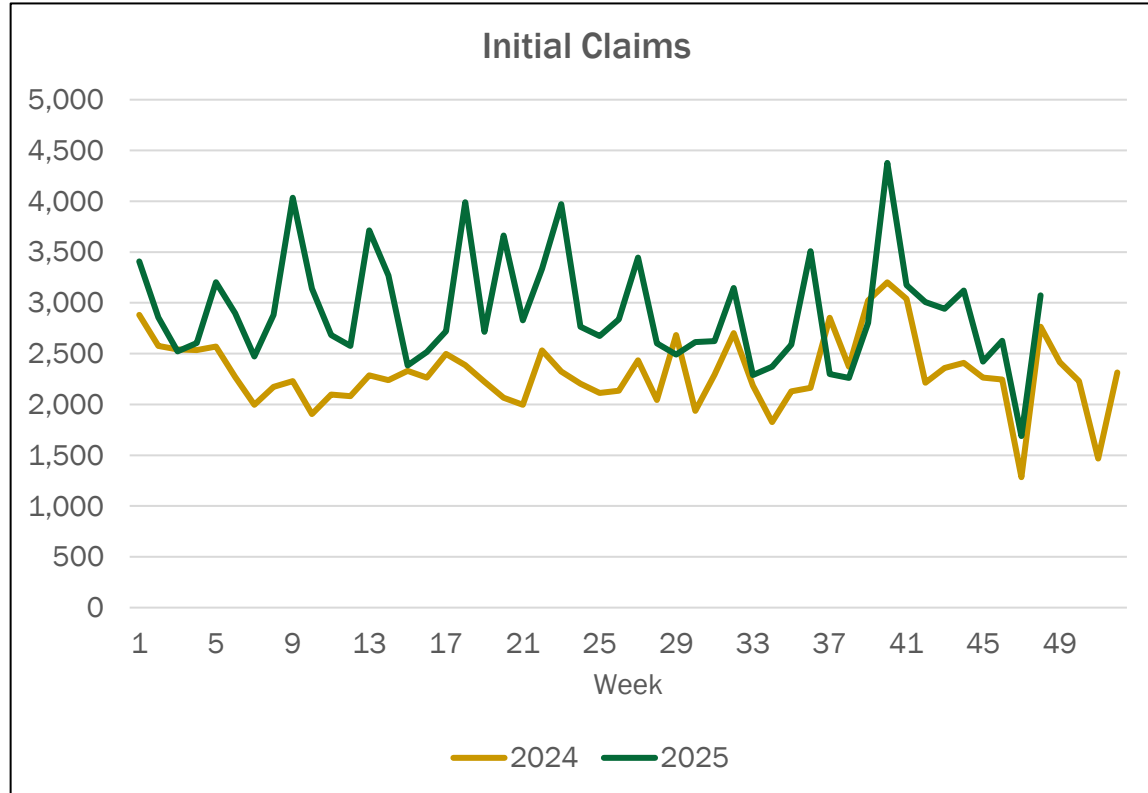
Trend in Unemployment Rates



NOTE: Data is not seasonally adjusted.
Source: U.S. BLS, Local Area Unemployment Statistics, December 17, 2025, <https://www.bls.gov/lau>.

UNEMPLOYMENT INSURANCE CLAIMS

Initial and Continued Claims, Virginia



Source: U.S. Department of Labor, Employment & Training Administration, *Unemployment Insurance Weekly Claims Data*, December 15, 2025, <https://oui.doleta.gov/unemploy/claims.asp>.

QUESTIONS?

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